



Basic Technical Skill Levels of Early Age Football Games Luwu District

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ABSTRACT

Based on the results of the survey analysis of the level of basic technical skills in early childhood soccer games in Luwu Regency, from the test data, the percentage of shooting data has a percentage of 5 people who died. Falls into the Very Low criteria with a percentage of 25%. 10 people fall into the Low criteria with a percentage of 50%, and 30 people fall into the Medium criteria with a percentage of 15%. And 2 people who fall into the Good criteria with a percentage of 10%. The ability to dribble the ball has a percentage of 17 people who fall into the Very Low criteria with a percentage of 85%. 3 people fall into the Low criteria with a percentage of 15%. Passing ability has a percentage of 7 people who fall into the Low criteria with a percentage of 35%, 6 people fall into the Medium criteria with a percentage of 30%, and 7 people fall into the Good criteria with a percentage of 35%. His heading ability has a percentage, namely 1 person who falls into the Very Low criteria with a percentage of 5%. 9 people fall into the Low criteria with a percentage of 45%, and 30 people fall into the Medium criteria with a percentage of 15%. And 7 people who fall into the Good criteria with a percentage of 35%. overall sample 20.

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INTRODUCTION

Football School is a sport, especially football, which has the function of developing the potential of athletes. SSB aims to produce athletes who have good abilities, can compete with other SSBs, can satisfy the community and maintain the survival of an organization. Another aim of SSB is to accommodate and provide students with the opportunity to develop their talents. Apart from that, it also provides a strong foundation for correct football playing techniques, including forming good attitudes, personalities and behaviour. SSB is the heartbeat of youth football development in Indonesia (Utomo & Indarto, 2021)

Soccer is one of the most popular sports worldwide, attracting attention across all age groups, including early childhood (Sierra-Diaz et al., 2017). Early childhood is a critical period for developing fundamental skills, especially in sports. At this stage, children are highly receptive to learning basic technical skills that form the foundation for long-term athletic development. The mastery of basic technical skills in soccer, such as dribbling, passing,



shooting, and ball control, plays a vital role in shaping young players' future potential and competitiveness (Hidalgo-Mazzei, 2024).

In the context of Kabupaten Luwu, soccer has been steadily gaining prominence as a sport of choice among children. However, there is a lack of comprehensive data and research regarding the level of technical skill proficiency among young soccer players in the region. Understanding the current state of these skills is crucial for designing effective training programs that can address any deficiencies and enhance the overall quality of soccer development at the grassroots level. Moreover, factors such as access to proper training facilities, availability of qualified coaches, and structured training programs significantly influence the development of technical skills in young athletes (Osmanov, 2022). Assessing the current technical skill levels of young soccer players in Kabupaten Luwu can provide valuable insights into these influencing factors and guide the implementation of targeted interventions to improve player performance.

This study aims to evaluate the level of basic technical skills in soccer among early-age players in Kabupaten Luwu. By identifying strengths and areas for improvement, this research seeks to contribute to the development of young athletes and the advancement of soccer at the regional level (Ramadhan et al., 2021). One effort to improve football skills is to do repeated training on how to kick, dribble, head the ball and so on. A coach will provide training to his students and provide an evaluation regarding whether the results of the training were successful or not in improving the students' soccer playing skills. Based on a survey conducted by researchers before the research, coaches at SSB Luwu Soccer School had not provided an evaluation of skills related to mastery of basic soccer techniques. The Luwu Soccer School coach has not used a standard basic technical assessment process. This is because coaches do not yet know the guidelines for carrying out evaluations in the form of basic football technical skills tests so they do not understand the correct standards for applicable basic football techniques.

Small-scale soccer games can effectively differentiate between players and teams of different skill levels, aiding in scouting and talent identification (Klingner et al., 2021). Current football coaching practices are based on tradition, intuition, and competition, not scientific evidence, thereby challenging coaches to critically evaluate contemporary doctrine and improve performance (Hardy et al., 2018)

The absence of tests and measurements on the level of basic football technical skills, especially for young players, is one of the factors that does not yet know the exact level of learning progress (Williams et al., 2005). It is proven that there is no data regarding the development of students' basic technical skills so trainers cannot evaluate whether there is improvement during training or not. Based on the description above, researchers are interested in researching "Basic Technical Skill Levels Of Early Age Football Games Luwu District".

METHODS

This research is descriptive. According to quantitative (Ghozali et al., 2016) descriptive research is research that is intended to collect information regarding the status of an existing symptom, namely the state of the symptom according to what it was at the time the research was conducted. The method used in this research is the ability

level method with data collection techniques using observation sheets through observation. According to (Atty et al., 2024) The ability level method is research that is usually carried out with many subjects, intended to collect opinions or information regarding the status of symptoms at the time the research takes place. To avoid misunderstandings in interpreting the terms used, the terms need to be explained as follows: (1) Passing, (2) Dribbling, (3) Controlling, and (4) Shooting.

RESULTS AND DISCUSSION

Result

To play football well, students are equipped with good basic techniques. Students who have good basic techniques tend to be able to play football well. Dribbling is a basic skill in football because all students must control the ball while it is moving. Standing, or preparing to make a pass or shot (Hidayat, 2017) When students have mastered dribbling skills effectively, their influence in the match will be very large. The aim of dribbling the ball is to pass the opponent, direct the ball into space, escape from control, open up space for friends, and create opportunities to shoot at the opponent's goal (Ghozali et al., 2016) In carrying out dribbling techniques the ball is kicked intermittently or slowly so that the part of the foot used for both kicking and dribbling the ball is the same. Dribbling aims to close the distance to the target, get past the opponent, and hinder the game (PRANOTO & others, 2022) In football, kicking is a very important element of basic football technique, because a football student must have good skills in kicking the ball. Kicking the ball is the technique with the ball that is most often used in the game of football. So the technique of kicking the ball is the basis of playing football.

One of the basic techniques that can be used in all positions and angles of the field is heading the ball, which is generally done with the head. Heading the ball requires good coordination between the arms, shoulders, neck, head and feet as support or repulsion when duelling in the air. Heading the ball is essentially playing the ball with the head. The purpose of heading the ball in the game of football is to pass, score goals, and break the opponent's attack/throw the ball Heading

Provides quite a large dimension to the game. Students can head while jumping, jumping forward, diving, or staying still and aiming the ball sharply at the goal or a teammate. A goal is the moment most awaited by football fans in the world. More than 70% of these goals came from shots or shooting. Kicking the ball into the goal with the foot can be done with all parts of the foot, but technically so that the ball can be kicked well it can be done with the instep or tortoise of the foot, the inside of the foot, the outside of the foot, the inside of the back of the foot and the outside of the foot.

Table1.
Shooting

Score	N	Categories	Percentage
26-28	5	Very low	25%
29-32	10	Low	50%
33-35	3	Currently	15%
<36	2	Good	10%

Table 2.
Dribbling

Score	N	Categories	Percentage
1,01-1,09	17	Very low	85%
1,10-1,18	3	Low	15%
1,19-1,27	0	Currently	0%
<1,28	0	Good	0%

Table 3.
Passing

Score	N	Categories	Percentage
5,71-5,99	0	Very low	0%
6,57-6'99	7	Low	35%
7,43-7,99	6	Currently	30%
<8,29	7	Good	35%

Table 4.
Heading

Score	N	Categories	Percentage
6,46-6,99	1	Very low	5%
7,92-8,99	9	Low	45%
9,38-9,99	3	Currently	15%
<10,84	7	Good	35%

Discussion

From the results of data processing, it is the level of ability in basic football game techniques among early-age students in LUWU Regency. From data testing carried out on the SPSS application, percentages were obtained with the variables shooting, dribbling, passing and heading at an early age Soccer School, LUWU Regency). Shooting ability has a percentage, namely 5 people who fall into the Very Low criteria with a percentage of 25%. 10 people fall into the Low criteria with a percentage of 50%, and 3 people fall into the Medium criteria with a percentage of 15%. And 2 people who fall into the Good criteria with a percentage of 10%. The ability to dribble the ball has a percentage of 17 people who fall into the Very Low criteria with a percentage of 85%. 3 people fall into the Low criteria with a percentage of 15%. Their passing ability has a percentage of 7 people who fall into the Low criteria with a percentage of 35%. 6 people fall into the Medium criteria with a percentage of 30%, and 7 people fall into the Good criteria with a percentage of 35%. Heading ability has a percentage, namely 1 person falls into the Very Low criteria with a percentage of 5%. 9 people fall into the Low criteria with a percentage of 45%, and 3 people fall into the Medium criteria with a percentage of 15%. And 7 people who fall into the Good criteria with a percentage of 35%. Overall sample 20.

Domination of Low and Very Low Ability Levels In most basic techniques, especially dribbling, the majority of students are still in the Very Low category (85%). This shows the need for more attention to training dribbling skills, considering that this aspect is very crucial in the game of football. Relatively Even Passing Ability In terms of passing ability, the distribution of scores is quite even, with almost the same percentage between the Low, Medium and Good categories. This indicates that passing training is on

a fairly good track, but still requires optimization to increase the percentage of students in the Good category. Improved Opportunities in Shooting and Heading. Shooting and heading abilities are also still dominated by the Low category, although several students are already in the Good category. Additional training is needed that focuses on improving accuracy and shooting and heading techniques. Focus on an Early Childhood Approach Considering that early childhood is a golden period in the formation of motor skills, an interactive, fun and game-based training approach needs to be applied. This aims to increase student's interest and motivation in practising. Exercise Program Evaluation Luwu Regency Soccer School coaches and managers need to carry out regular evaluations of the training programs implemented. Analysis of these results can be used as a reference for developing more targeted training programs, especially on techniques that require more attention.

CONCLUSION

Based on the results of survey analysis of the level of basic technical skills in early childhood soccer games in Luwu Regency, from the test data the percentage of shooting data has a percentage of 5 people who died. Falls into the Very Low criteria with a percentage of 25%. 10 people fall into the Low criteria with a percentage of 50%, and 30 people fall into the Medium criteria with a percentage of 15%. And 2 people who fall into the Good criteria with a percentage of 10%. The ability to dribble the ball has a percentage of 17 people who fall into the Very Low criteria with a percentage of 85%. 3 people fall into the Low criteria with a percentage of 15%. Passing ability has a percentage of 7 people who fall into the Low criteria with a percentage of 35%. 6 people fall into the Medium criteria with a percentage of 30%, and 7 people fall into the Good criteria with a percentage of 35%. His heading ability has a percentage, namely 1 person who falls into the Very Low criteria with a percentage of 5%. 9 people fall into the Low criteria with a percentage of 45%, and 30 people fall into the Medium criteria with a percentage of 15%. And 7 people who fall into the Good criteria with a percentage of 35%. Overall sample 20.

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